

# Accountability Study – YEAR 1

2 years (16 months) - Sep-Nov; Jan -May  
Meet 2x a month

Thank you for being a part of this Bible Study and Accountability time!

The GOAL of this study is to foster growth and accountability. We recommend this be done in men's or women's groups, ideally no more than 5 in a group.

- Do Bible Study work ahead of time (Year 1 Studies)
  - First meeting of the month: H.E.A.R. study
  - Second meeting of the month: Passage specific questions
  - Pastor Dave will provide hard copies AND an attachment
- Work through the same format every time you meet.
- Try to keep it as close to an hour as possible
- Be willing to invite!
- Be willing to reproduce!  
(after two years, we want to see YOU lead/start a group!)

## FORMAT NOTES:

Each time together will have the same format:

- Opening Prayer
- Study Questions (review the HEAR section or the Questions section)
- Highs and Lows (discussion, each participant will give a 'high' and 'low' that they have walked through recently)
- Accountability questions (go through the questions provided)
- Group challenges (the GROUP will review the goals from the previous meeting, and set goals for each person for the upcoming meeting)
- Prayer (take any prayer requests, pray)

# Sept 1.1 – My Personal Search for Cleanness - Psalm 139:13-24

**Highlight:** One verse:

*Write it out.*

*Give your own title for the verse*

**Explain:** One paragraph explanation: *Who What Where Why When?*

**Apply:** One paragraph application: *How does this help me?*

*What does it mean in my life/look  
like in my walk today?*

*What does God want me to do?*

**Reproduce/Respond:**

To who and how will I pass this on?

*Measurable, achievable.*

## Sept Y1

Opening Prayer (1-2m)

Study Questions and Discussion (20-30m)

[review other side]

Highs and Lows (10-15m)

Accountability Questions (5-10m)

(How are you doing? [thoughts, commitments, etc],  
Who are you reaching? How are you serving?)

Group Challenges (5m)

Group sets for me

Groups sets for others (to remind and pray)

Prayer – Each Shares and Prays (10m)

[list requests]

Next Meeting:

## **Sept 1.2 – My Personal Search for Cleanness - Psalm 139:13-24**

### **DESIGN: God designed and made us**

**v13-16**

- What should it mean to us that God made us? [v14,15] Should that be a conscious thought we continue? How can we keep it in mind?
- How can or should this fact help with envy or negative self-image? How do you feel about the way God made you? What can remind us of this?
- What did God have in mind when He made you? [v16] How can you find that out?

### **ACCOUNTABILITY: He sees all I do and am**

**v1-12**

- When do you feel as if you have been "searched"? [v1] Is it possible to stay so occupied you never feel this?
- How do you feel about God's knowing all about you? [V4-6] Do you ever tell God what that means to you?

### **RESPONSE: I can fight it or cooperate**

**v19-24**

- What sin should you be angrier about [v19-22] How would it show?
- How can you help God search you? When? Why? How often? Would it be hard? What part would the Bible have in this?

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[review other side]

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[list requests]

Next Meeting:

## Oct 1.1 – About my Position – Romans 12:1-2

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**Explain:** One paragraph explanation: *Who What Where Why When?*

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*What does it mean in my life/look  
like in my walk today?*

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## **Oct 1 – About my Position – Romans 12**

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Study Questions and Discussion (20-30m)

[review other side]

Highs and Lows (10-15m)

Accountability Questions (5-10m)

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[list requests]

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## **Oct 1.2 – About my Position – Romans 12:1,2**

### **WHERE I STAND: offer your body**

**v1-2**

- What does it mean to “stand beside” Christ?  
How does it feel? What does it do?
  
- Do I know when I move away from Him?  
Does it bother me? What can I do?

### **HOW I GROW: be transformed...renew your mind**

- What areas of my thinking need to be changed? Can I identify them?
  
- What are my ways to change my thinking?  
Daily habits? Deliberate thoughts?

### **HOW I THINK ABOUT MYSELF: sober judgment**

- Should I depend on my dedication?
  
- How does my dependability show?



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[list requests]

Next Meeting:

## Nov 1.1 – God’s Will – Colossians 1:9-14

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**Explain:** One paragraph explanation: *Who What Where Why When?*

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## **Nov 1.2 – God’s Will – Colossians 1:9-14**

### **UNDERSTANDING: the will of God – v9**

- What seems to be “God’s will” here?  
How does it contrast with the normal view?
  
- How do I get this wisdom?  
How do I help my family by praying this?
  
- Is my life in the center of God’s will?

### **LIFESTYLE: a life worthy of the Lord – v10**

- What kind of life is “worthy” and “pleasing”?
  
- What areas in your life show strong “good works”?  
What areas show need to grow?  
Would accountability help?

### **POWER: strengthened with all power – v11**

- How will God’s power show in our lives...marriages?
  
- How should we pray for character? V12-14
  
- How does gratitude relate to all of this?

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Next Meeting:

## Jan 1.1 – The Mirror, The Bible – James 1:22-25

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**Explain:** One paragraph explanation: *Who What Where Why When?*

**Apply:** One paragraph application: *How does this help me?*

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## **Jan 1.2 – The Mirror, The Bible – James 1:22-25**

### **LISTENING to the Word – v22**

- How do you do this?  
Does this demand personal time or is church enough?
  
- What keeps you from this habit?

### **DOING the Word – v23,24**

- Explain the mirror illustration in your own words.
  
- In what areas would you be most likely to see needs but not do anything about it? Why do we reject truth like this sometimes?
  
- What is an area or habit you where you recently looked and changed? Why the emphasis on the “continues”?
  
- What kind of “blessed” comes with this obedience? When do you sense that? How much?



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Next Meeting:

## Feb 1.1 – Strength Out of Weakness – 2 Cor 12:7-12

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**Explain:** One paragraph explanation: *Who What Where Why When?*

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## **Feb 1.2 – Strength Out of Weakness – 2 Cor 12:7-12**

### **The possibility of conceit – v7**

- What trait or ability could make you proud?  
Be honest – what do you realize you are good at?
- What can you do to give that to the Lord?  
What would Romans 12:1&3 mean for you?

### **The prevention of conceit or pride – v7,8**

- What kinds of negatives could be labeled “thorns”?
- Are there things in your life that could be called “thorns” or “keepers of humility”? What would it mean for you to look at them that way?
- How would you explain to a friend why God did it this way?

### **The power for weakness and pride – v9,10**

- How do you sense grace for your weakness, and when?
- How do you think Paul ever got to where he could write verse 10?  
How could you ever say that?
- How can you seek Christ for strength and abide in Him so you can experience His strength?

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Next Meeting:

## March 1.1 – What are You Thinking? – Philippians 4:6-9

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**Explain:** One paragraph explanation: *Who What Where Why When?*

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Next Meeting:

## **March 1.2 – What are You Thinking? – Philippians 4:6-9**

### **Worry – Anxiety: the opposite of peace – v6,7**

- Why is the one option so much easier to choose than the better one, when it comes to problems and worry?
- What does it take for you to really pray about an issue?
- When do you experience the peace of God?

### **Thought Life: the discipline of our minds – v8,9**

- How can we possibly regulate what we dwell on? Are we responsible when there are so many stimuli?
- What main positive (things to do) and negative (things to avoid) disciplines help you guard your thoughts? What helps you to be consistent?
- What strikes you about the descriptions of regular thoughts God wants us to have? Is this normal?
- 2 Corinthians 10:5 – Does this verse make it look like it can be done? How can it be done?



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Next Meeting:

## April 1.1 – Learner: The Word – Psalm 119:89-104

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Next Meeting:

## **April 1.2 – Learner: The Word – Psalm 119:89-104**

### **Eternal Knowledge v.89-91**

- The Bible is the only “eternal” book. How much time do you spend in the Word compared to other things?
- Revelation vs. Information. When we read, sometimes we get something and other times we come away with nothing. Why? What really needs to take place for us to learn from the Bible? How can we prepare?
- Do you love God’s Word? Consider David’s reasons. v.92-93 When do you see the Word this way?

### **Enemies/Attacks – How to Identify v.92-96**

- What does culture say about objective truth? How do we know that what we say and what we think is true?
- What things in your life take your focus off God and His Word? When do you forget about His love and His presence? How do you best grow in that area?
- Think of someone who strongly opposes your beliefs. How do you really feel toward him/her? We were once enemies of God. How must we feel towards them? What signifies growth?

### **Lifestyles v.97-104**

- As the spiritual leader, are you helping your family to grow and understand God’s Word? Can they feed off your passion to live according to it? What changes would you like to see take place?
- What “wrong paths” in your life threaten you from growth/learning? Where are you not satisfied in the area of obedience?

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## May 1.1 – WORSHIP: Use of Heart and Hands – Lk 7:36-50

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## **May 1.2 – WORSHIP: Use of Heart and Hands – Lk 7:36-50**

### **The Actions of Worship <sup>v.36-38</sup>**

- Name some of the costs to the woman before talking about what worship and commitments cost us.
- What she did was very personal and giving of self. When do you stretch most to show love for Christ? What is hard about it?
- What place should emotion or demonstration have in worship? How does this relate to one's culture?

### **Our Inhabitations and Concerns <sup>v.39</sup>**

- When do you hold back because of what people will think, in your commitment, love, or worship? Is there a way around this?
- Do we ever make class differences at worship, or feel we are more worthy than some? What makes us see people as "lower"?

### **Our Motives for Worship <sup>v.40-50</sup>**

- Can you get the good news if you do not understand the bad news?
- How did the Pharisee worship? What did his religious heart look like? Why would he worship?
- How can we help ourselves have a proper sense of forgiveness?



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